



# MARION INDEPENDENT SCHOOL DISTRICT

P.O. BOX 189 • MARION, TEXAS 78124 • (830) 914-2803 • FAX (830) 420-3268 • [www.marionisd.net](http://www.marionisd.net)

**Who:** Parents of Middle & High School Students

**What:** Informational Meeting for the Signs of Suicide Prevention Program

**When:** Middle School : October 25<sup>th</sup> (7<sup>th</sup> grade only)

**High School:** October 28<sup>th</sup> & 29<sup>th</sup> (9<sup>th</sup> and 12<sup>th</sup> grade respectively)

Marion ISD is partnering with Communities in Schools to provide an opportunity for all 7<sup>th</sup>, 9<sup>th</sup> and 12<sup>th</sup> graders to participate in the Signs of Suicide Prevention Program in the upcoming weeks. Mrs. Lauren Cavanagh, L.P.C and Youth Mental Health Coordinator for C.I.S. will present an overview of the SOS Program to help inform parents and community members about the program. The SOS program teaches students to recognize warning signs of depression and suicidality in themselves and their peers and prompts them to seek help from a trusted adult. The SOS Signs of Suicide Prevention Program is the only youth suicide prevention program that has demonstrated an improvement in students' knowledge and adaptive attitudes about suicide risk and depression, as well as reduction in actual suicide attempts. SOS is unique among school-based suicide prevention programs as it incorporates two prominent suicide prevention strategies into a single program: an educational curriculum that raises awareness about suicide and depression, and a brief screening for depression.

Additional information is available on the Marion Middle School Website which can be accessed at [www.marionisd.net](http://www.marionisd.net)